



Cambridge Women's Resources Centre

2009/10

10 Week Courses at CWRC

Full and ½ day courses for women designed to increase skills, job prospects and confidence.

ICT Courses:

CLAiT courses in Word Processing/File Management, Spreadsheets, Databases, Desk Top Publishing and PowerPoint.

Woodwork Courses:

Learn skills to help you progress onto professional qualifications and allow you to carry out your own projects at home

English as a Second Language (ESOL):

ESOL from beginners to Level 2. Improve your communication skills and get more out of your life in the UK.

Skills for Life:

Literacy & Numeracy up to Level 2. These courses are free and will help you improve your skills in English and Maths.

Lifestyle courses:

Jobsearch, Improving Confidence, Tai Chi, Self Defence & others.
(some courses are 10 weeks, some are shorter)

Contact Cambridge Women's Resources Centre for details:

CWRC, Hooper Street, Cambridge, CB1 2NZ

Telephone: 01223 321148

Email: courses@cwrc.org.uk

See our website on www.cwrc.org.uk for more information